



## AORE DAY SPA

Aore Day Spa offers you a range of treatments to help you relax and rejuvenate. It is located on the pool side of the Nakamal.

We use all natural products, using only the purest herbs, plants and bush flower essences.

Please make an appointment at the office.

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www.aoreislandresorts.com | @aoreislandresort



## AORE DAY SPA MENU

### SIGNATURE SERVICES...

**Aore Signature Massage** 60 minutes - 5000vt

This personalised full body massage will be leaving you for more!

**Aore Hydrafacial** 60 minutes - 5500vt

The Aore Hydrafacial will leave your skin glowing for weeks. Hand crafted massage techniques, paired with non-invasive treatment, infuses your skin with antioxidants, vitamins and plant nutrients which leaves your skin refreshed and rejuvenated.

### MASSAGE THERAPY...

**Deep Tissue Massage** 60 minutes - 5000vt, 90 minutes - 8000vt

This therapeutic massage uses strategic strokes to increase circulation, release of muscle tightness and remove lactic acid. A combination of massage techniques relieves strain, stress and irritation.

**Thai Massage**

30 minutes - 3000vt, 60 minutes - 5000vt, 90 minutes - 8000vt

Elements of Yoga and Ayurveda from India are combined with universal energy healing principles to harmonize and balance the flow of energy throughout the body.

**Back, Neck and Shoulders Massage**

30 minutes - 3000vt, 60 minutes - 5000vt

Ease Stress with this purposeful tension-releasing massage. A therapeutic blend of essential oils is applied to reduce deep "knots". Knead and release methods are used to relax the muscles and increase movement.

**Foot Massage** 30 minutes - 2500vt, 60 minutes - 4000vt

Ancient technique massages the feet reflex zones, inducing deep relaxation to the entire body by releasing the flow of energy.

**Mellow Mama Massage** 30 minutes - 3000vt, 60 minutes - 5000vt

Nurturing full body massages for mamas to be. Using safe and effective pre-natal techniques, this massage will help with exhaustion, and puffy hands and feet.

## SKINCARE...

### **The Express Facial** 30 minutes – 3500vt

This facial is for those of you on the go. This facial treatment provides instantaneous results with no down time. A cocktail of innovative ingredients will generate a healthy glow while addressing any troubled areas on your face.

### **Timeless Anti-Aging Facial** 60 minutes – 5500vt

Ideal for dehydrated, dry or mature skin, this facial delivers evident results with hand-crafted ingredients. Fight the signs of visible aging and diminish those well-earned fine lines and wrinkles. You will leave refreshed and glowing.

### **Gentleman's Facial** 60 minutes – 5000vt

For all those men looking for a no fuss, results oriented facial experience. Skin is cleansed, toned and conditioned as irritations from shaving or sun-exposure are soothed. We combine the mask with a light scalp massage.

## BODY TREATMENTS...

5000 vt

This blissful, head-to-toe treatment begins with a luscious body scrub followed by a nourishing massage. Next, hypnotic neck and shoulder massage release upper body tension with oil. Finish off your experience with an outdoor shower.

*Coconut Ash Scrub 60 minutes*

*Yashur Coffee Scrub 60 minutes*

*Margarita Body Scrub 60 minutes*

## HAND TREATMENTS...

### **Classic Manicure** 60 minutes – 3000vt

Our classic manicure delivers a silky massage with soothing botanicals. Let us renew your nails and complete your experience with the perfect polish.

### **Aore Hand Retreat** 45 minutes – 3200vt

Nourishing, refining and reconditioning your arms and hands is what this treatment is about. Enjoy an exfoliation from hand to elbow, followed by a relaxing massage.

### **Gentleman Manicure** 45 minutes – 2800vt

A rich, deep treatment moisturizes hands and relieves stress as oils soften, restore and condition.

## FOOT TREATMENTS...

### **Classic Pedicure** 60 minutes - 3500vt

Relaxing and invigorating pedicure with a groom and buff paired with a soothing foot and leg massage. Let us renew your nails and complete your experience with the perfect polish.

### **Scrub Pedicure** 45 minutes - 3500vt

Delightful and invigorating pedicure that removes lifeless layers with a healthy refining scrub that quickly re-polishes unwanted calluses.

### **Gentlemen's Pedicure** 45 minutes - 3200vt

Relaxing and invigorating pedicure with a groom and buff paired with a soothing foot and leg massage.

## PACKAGES...

**Relax: Facial and Massage** 90 minutes 8000vt

**Refresh: Foot and Massage** 90 Minutes 8000vt

**Rejuvenate: Body Scrub and Massage** 90 minutes 8000vt

**Gentleman's Treatment: Massage, Facial, Foot**

120 minutes 10,000vt

**Pamper: Facial Foot and Massage** 120 minutes 10,000vt

## AORE DAY SPA OPENING HOURS

Monday – Thursday : 9am-3:30pm

Friday : 9am-5:30pm \*

Saturday and Sunday : 9am-3:30pm

\* 30 minute/60 minutes treatments slots only at 4:30pm.